



Autumn Term 2023  
Friday 22nd September

### A MESSAGE FROM MS REDWOOD

Dear parents/carers,

I hope your children have enjoyed their first few weeks back at school and have been telling you all about their new teachers and exciting learning.

I have really enjoyed the numerous visits from children sharing with me their writing, art work and other pieces of learning that they are especially proud of. I have lots of new badges and prizes for those who complete their **Wow!** charts and have had a record number of visitors already this term! In addition, we had our first raffle of the academic year. Children seen to be demonstrating our school values are given a ticket for the draw. This term's focus value is, RESPECT.

#### Drop off and Pick up

Some parents have asked us to look at the KS1 gate drop off to monitor how busy this area gets, resulting in some families having to walk in the road. We have also been contacted regarding some parents' language in this area. Please remember that there are children nearby and if bad language continues, parents responsible will be asked to drop their children separately. If you have any comments on either of these issues, please contact the school office.

#### Outdoor learning

We are hoping to facilitate outdoor learning for all year groups this academic year. This will be starting after half term. Further details to follow.

#### School Improvement

This year we are continuing to explore how children learn and remember effectively. This week Miss Fran Lilley led an excellent training session on, "The science of learning" and how this looks in the classroom.

#### Mental Health Ambassadors

We will shortly be appointing our year 6, Mental Health Ambassadors and behaviour advocates. All children appointed will receive training from the Mental Health Support Team as well as from school leaders. The children will be helping to support positive play and relationships at lunchtimes.

#### Music

Highweek singing club has signed up to take part in Young Voices in Birmingham.

The Young Voices experience is a spectacular event, advertised as the largest children's choir concerts in the world! Our children will be performing in a huge arena alongside 5,000-8,000 other children as a single choir, to an audience of family and friends. We are really excited for our Singing Club to experience the incredible feeling of singing as part of a massed choir and to have fun whilst developing their confidence and musical skills together. You can find out more about Young Voices on their website: [www.youngvoices.co.uk/for-parents](http://www.youngvoices.co.uk/for-parents).

We have a few more spaces at singing club if your child would like to take part. Please let the office know by Monday 25<sup>th</sup> September if your child would like to join us.

#### School Governors

Are you interested in learning about how our school is run? Would you like to be part of decision making and school improvement? If so, please see the attached information regarding becoming a school governor.

As always, if you have any concerns or you would like to come and talk to me about any school issues, please do not hesitate to see me on the gate in the mornings or arrange an appointment through the school office.

Ms Claire Redwood

# Ways to Wellbeing

A space for how to stay mentally and physically healthy



I'm Tia Austin,  
EMHP. Mental Health  
Support Team

This week let's talk about...

## Resilience

Resilience is the ability to bounce back after challenges and tough times. Resilient children can recover from setbacks and get back to living life. Resilience develops when children experience challenges and learn to deal with them positively. Ways to support and encourage resilience are:

- Make connections.
- Help your child by having them help others.
- Maintain a daily routine.
- Take a break.
- Teach your child self-care.
- Move toward your goals.
- Nurture a positive self-view.
- Keep things in perspective and maintain a hopeful outlook.



**Life isn't about how fast you run or how high you climb, it is about how well you bounce.**

Also, remember your 5 ways to wellbeing: [FIVE ways to wellbeing - Mind](#)

## YOUNG LIVES VS CANCER CAKE SALE




A group of year 5 pupils will be holding a 'Cake n Bake' sale on **Monday 16th October at 3:30pm** on the **KS2 playground**.


This is to help raise funds for **Young Lives Vs Cancer**.

Please do come and support them!



## Highweek MHST Headlines Sept 2023

	<p>Almost 27% of the school's population have been referred and accepted into MHST for Mental health Support.</p>	<p>Over 70 pupils and families in the past year have had targeted 1:1 or group support.</p>	<p>Highweek have a named Mental Health Governor and a Mental Health Policy in place.</p>
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 <p><b>What else have we achieved this year?</b></p>	<p>Staff wellbeing is supported regularly with planned reflective spaces accessed by everyone.</p>	<p>MHST have facilitated pupil Mental Health Ambassadors in school who have promoted positive mental health in class.</p>
	<p>Five ways to wellbeing has been introduced in school and MHST support wellbeing in each issue of the school newsletter.</p>	<p>The Mental Health Support Team are supporting in Highweek at least weekly which continues throughout the school holidays.</p>

## PTFA UPCOMING EVENTS FOR YOUR DIARY

- Thursday 19th October  
2023 KS2 Halloween  
Disco 3.45pm-5pm
- Tuesday 31st October  
2023: KS1 Halloween  
Disco 3.45pm-5pm
- Friday 8th December  
2023 Christmas Fayre  
3.30pm-6pm
- Tuesday 6th February  
2024 KS1 Valentine  
Disco 3.45pm-5pm
- Thursday 8th  
February 2024  
Valentine  
Disco 3.45pm-  
5pm



Highweek  
Primary School

# TODAY

## FAMILY FIELD FIESTA

**JOIN US AT HIGHWEEK FOR A FUN FILLED  
FAMILY FIELD FIESTA!**  
Friday 22nd September  
3.45pm - 6pm

BBQ  
Disco  
Candy floss  
Glitter Tattoos/face painting  
Teddy Tombola  
Bouncy castles  
Go Karts  
Stalls  
Hook a Duck  
Stocks  
Ice cream Van  
Second hand uniform

You are welcome to bring along  
chairs and blankets

We will be collecting for **HITS** foodbank this year on Wednesday 18th October. This will coincide with our annual Harvest Festival celebrations due to take place on the same day (*details for this event will follow*)

If you have any items that you would like to donate- see list of items, please send them into class on Wednesday 18th October.



## HOMELESS IN TEIGNBRIDGE SUPPORT (HITS TEIGNBRIDGE-WIDE FOODBANK)

### ITEMS CONTAINED IN A BASIC FOOD PACK:

BAKED BEANS	2 TINS
BISCUITS	1 PACKET
CEREAL	1 regular box
TEA/COFFEE	1 PKT 40/100g JAR
CUSTARD (READY-MADE, TIN or CARTON)	1 TIN OR CARTON
FISH (TINNED)	1 TIN
FRUIT (TINNED)	1 TIN
FRUIT JUICE	1 LITRE CARTON OR BOTTLE(S)
MEAT OR MEAT MEALS	2 TINS
MILK (UHT)	1 LITRE CARTON
NOODLES (INSTANT)	1 PACKET OR POT
PASTA OR RICE	500g BAG
PASTA/COOK-IN SAUCE	1 JAR
POTATOES (TINNED)	1 TIN
POTATO (INSTANT MASH)	1 PACK
RICE PUDDING	1 TIN
SOUP (TINNED)	2 TINS
SPAGHETTI or MACARONI CHEESE	1 TIN
SUGAR	SMALL BAG (500g)
TOMATOES	1 TIN or CARTON (approx. 400g)
VEGETABLES	2 TINS (DIFFERENT)





## Well done to our Accelerated Readers

**100,000 words.**

Elise Keskin

**250,000 words**

Elise Keskin



Parents evening will be taking place on Tuesday 17th & Wednesday 18th October 2023. Letters for this will be sent out via Schoolcomms/School Gateway later today.

Please ensure that you follow the parent guide of how to book an appointment with your child's class teacher.



### SEPTEMBER

Wednesday 27th - Year 6 swimming.

### OCTOBER

Black History Month

Monday 2nd - Individual school photos.

Wednesday 4th - Year 6 swimming.

Thursday 5th - Special menu.

Cosmic Meatball or  
Cosmic Veggie Meatballs

Moon Mash

Broccoli & Carrots

Gravy

Jacket Potato

Tomato Pasta

Raspberry Ripple Crater Cake with Vanilla

Milky Way Sauce.

Fruit or Yoghurt

Please order via your Parentpay account.

## ATTENDANCE

Class	W/C 5th Sept	W/C 11th Sept
Taw	<b>100%</b>	<b>100%</b>
Mole	99.5%	94.5%
Mardle	99.5%	95.9%
Bovey	92.6%	93.7%
Tavy	95.6%	97.6%
Plym	96.2%	94.4%
Exe	<b>100%</b>	99.3%
Dart	98.3%	96.9%
Tamar	97.7%	97.9%
Torridge	94%	95.3%
Teign	93.3%	93.4%

Taw & Exe class both had 100% attendance for the period of 5th - 8th September 2023.

Taw class had 100% attendance for the period of 11th - 15th September 2023.

Remember our whole school attendance target for the year we are working towards is 96.2%.

It is essential for children to attend as much school as possible if they are to get the most from their education and achieve their full potential.

## School Matters!



**Attend Today, Achieve Tomorrow**



## Well done to our Friday Flyers.



Our Friday Flyers promote our work around developing  
**Growth Mindset and a can do attitude.**

Theme	Embracing Challenge.		Persist in the face of setbacks.	
Date	Friday 15th September		Friday 22nd September	
<b>Bovey</b>	Freya Hubbard	Khalid Shaibu	Joseph Turner	Harmony Hambley
<b>Dart</b>	Chloe Duggan	Lucas Swann	Jessica Cirstian	Oakley Maghaireh
<b>Exe</b>	Alfie Mitchell	Oliver Riley	Theo Fairweather	Albie Gillingwater
<b>Mardle</b>	Lydia Bourne	Clay Ellison	Zeba Nazari	Andrew Buchanan
<b>Plym</b>	Rose Liju	Ahmad Sultani	Tony Fletcher	Melissa Cooper
<b>Tamar</b>	Habibullah Nazari	Natalia Buchanan	Charlie Mason	Taiylor Peart
<b>Tavy</b>	Logan Simmons	Eleanor Hardy	Tommy Wines	Arty Ralph
<b>Teign</b>	Nazia Nazari	Reuben Brock	Rosie-Mae Spence	Chelsea Sheppard
<b>Torridge</b>	Abdulmumin Shaibu	May Williams	Poppy Chapman	Keeley Hughes

### SCHOOL UNIFORM

We still have a small amount of uniform in school to purchase, please do so via your Schoolcomms/School Gateway account. If you cannot see the sizes that you require it would mean that we no longer have stock in school.

Alternatively you can purchase all sizes online. You can either get this delivered directly to you at home (delivery charges apply) or it can be delivered to school.

**If your child would like a school fleece as an alternative to a jumper or cardigan these can be purchased with Schoolwear Direct.**

[Please visit: https://www.schoolweardirect.co.uk/product-category/find-my-school/highweek-primary-school/](https://www.schoolweardirect.co.uk/product-category/find-my-school/highweek-primary-school/)

Or scan the QR code →



SCAN ME

Please could we ask that Parents & Carers are mindful of where they park around the school site when dropping off and collecting your children.



Thank you.



The Devon Admissions online system is now live and you can apply for your child's secondary school place for September 2024. please visit [www.devon.gov.uk/admissionsonline](http://www.devon.gov.uk/admissionsonline) to apply. Please note the closing date is the 31st October 2023.