



### A MESSAGE FROM MS REDWOOD

Dear Parents/Carers,

#### **Mental Health**

Thank you to all those who attended the, "Supporting emotional behaviours workshop". We hope you found it useful. If you missed it and require further information or would like to refer your child to the Mental Health Support Team, please get in touch.

#### **Homelearning**

Thank you for your continued support with homelearning. A number of children attended our homework club this week. Please do make use of this to ensure that your child is on track with their learning.

#### **Anti-bullying week**

Next week is anti-bullying week. The Mental Health Support Team will be leading our whole school assembly on Monday and the children will be undertaking a number of activities around this theme.

#### ***What is bullying?***

***The repetitive, intentional hurting of one person or group by another person or group, where the relationship involves an imbalance of power. Bullying can be physical, verbal or psychological. It can happen face to face or online.***

For further information, please see the link below:

<https://anti-bullyingalliance.org.uk/anti-bullying-week-2023-make-noise-about-bullying>

#### **ANTI-BULLYING WEEK 2023: 'MAKE A NOISE ABOUT BULLYING' CALL TO ACTION**

Too often, we are silent when we see bullying take place, silent about the hurt bullying causes, and silent when we hear bullying dismissed as 'just banter'.

It doesn't have to be this way.

Of course, we won't like everyone, and we don't always agree, but we can choose respect and unity.

This Anti-Bullying Week let's come together to have discussions about what bullying means to us, how banter can turn into something more hurtful, and what we can do to stop bullying. Together, we can make a difference and take a stand against bullying.

**From the playground to Parliament, and from our phones to our homes, let's make a noise about bullying.**



### **Curriculum and learning**

Please make sure that you are regularly accessing our **Facebook page** for lots of updates around teaching and learning. We are trying to update more regularly with what your children have been doing in class, as well as signposting information for parents. In our latest posts, you can see Years 5 and 6 exploring square and cube numbers in maths and years 3 and 4 undertaking their science investigations into forces. Over the next two weeks, year 5 are working with an art specialist teacher from Coombeshead and local artist Steve MacCracken will be undertaking workshops with years 3/4. We look forward to sharing their creations with you. Thank you to Mrs Warburton for organising this.

### **PE and Sport**

You may have noticed an increase in sporting activities recently including netball, football and a soon to be released invitation to join the RUDOLPH RUN! A big thank you to Mr Waldron for his commitment to further developing sporting activities across the school.

**Phonics**- we have a number of phonics sessions for parents coming up this half term.

Wednesday 15<sup>th</sup> November 2.45-3.15pm in the school hall: Year 1 and 2 Parents.

Thursday 7th December 4-4.45 pm in the EYFS building: EYFS parents.

**PLEASE do come and support these sessions and find out how you can support your child with early reading.**

### **Parking- sorry to bring up again!**

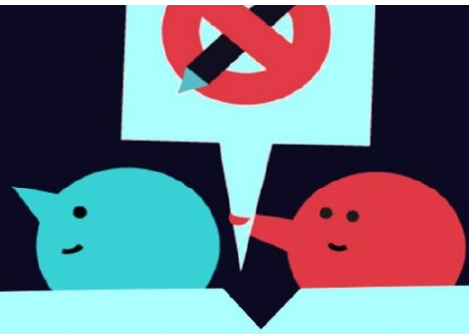
We appreciate that there is limited parking outside the school. However, please park considerately and safely. Please do not park on pavements or at the roundabout.

As always, if you have any concerns or you would like to come and talk to me about any school issues, please do not hesitate to see me on the gate in the mornings or arrange an appointment through the school office.

Ms Claire Redwood.

# No Pens Day

Wednesday 29th November 2023



## We will be celebrating No Pens Day!

To support Speech and Language UK and learn about using our words to learn, we are going to have **no pens** for a whole day! This means we will only be learning and recording our learning with our words.

We will be doing things like:

*Show and tell*

*Drama and role-play*

*Asking lots of questions*

*Talking about our ideas*

*Pair and share*

*Debating*

## ATTENDANCE

Class	W/C 16th Oct	W/C 30th Oct
Taw	<b>97.9%</b>	87.8%
Mole	91.7%	89.8%
Mardle	89.3%	95.5%
Bovey	91.7%	95.1%
Tavy	85.9%	89.7%
Plym	97%	94.5%
Exe	92.1%	93.8%
Dart	91.4%	92.9%
Tamar	93.9%	<b>96.9%</b>
Torrige	96%	96.1%
Teign	93.1%	93.6%

Taw class had 97.9% attendance for the period of 16th - 20th October 2023.

Tamar class had 96.9% attendance for the period of 30th October - 3rd November 2023.

Remember our whole school attendance target for the year we are working towards is 96.2%.

It is essential for children to attend as much school as possible if they are to get the most from their education and achieve their full potential.

### School Matters!

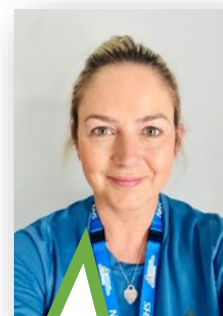


**Attend Today, Achieve Tomorrow**

# Ways to Wellbeing

A space for how to stay mentally and physically healthy

This week let's talk about... **10 a day**



I'm Tia Austin,  
EMHP. Mental Health  
Support Team

## '10 a day' choices towards balancing our mental health



1  
Talk about your feelings



2  
Do something you enjoy and are good at



3  
Keep yourself hydrated



4  
Eat well



5  
Keep active in mind and body



6  
Take a break



7  
Stay connected to those you care about



8  
Ask for help



9  
Be proud of your very being



10  
Actively care for others

**How many of your 10 a day can you complete?**

Also, remember your 5 ways to wellbeing: [Five ways to wellbeing - Mind](#)

Join Ms Redwood for a  
**COFFEE MORNING**  
on Thursday 16th  
November at 9am until  
10am in the school hall.



This informal coffee morning will give you an opportunity to have a chat with Ms Redwood and ask any questions you may have about Highweek and your child's education.

If you would like to attend please email:  
[admin@highweekprimary.co.uk](mailto:admin@highweekprimary.co.uk)

**Wednesday 13th December 2023**  
is Christmas Lunch Day

### Main

Roast Turkey with Roast Potatoes & Gravy  
Roasted Vegetable & Cranberry Slice

### Dessert

Festive Biscuit  
Fresh Fruit  
Yoghurt

This lunch must be ordered via your Parentpay account even if your child is entitled to Free School Meals by no later than Wednesday 29th November.

Please do not order a lunch after the closing date as it will not register.

## Well done to our Accelerated Readers

100,000 words

Josh Fare, Archie Exon, Harris Storer, Mati Kiezun, Ella Druce, Lily Hannigan-Train, Bartosz Kiezun, Jonas Silevicius & Eliza Curran.

250,000 words

Archie Exon, Mati Kiezun, William Robinson, Skyla Margrie, Bartosz Kiezun, Jonas Silevicius & Alfred Smith.

500,000 words

Lennox Evans & William Robinson.



### NOVEMBER

Monday 13th - Anti-Bullying week.  
 Tuesday 14th - Year 5 Invasion Festival at Newton Abbot College: 12:45pm to 2:30pm.  
 Wednesday 15th - Year 6 swimming.  
 Wednesday 15th - KS1 Phonics Workshop 2:45pm *parents invited.*  
 Thursday 16th - Year 3/4 Reading Café: 3pm in the main school hall.  
 Friday 17th - Year 3 & 4 Local street artist visit workshop.  
 Friday 17th - Children in Need. Non-uniform for a suggested donation of £1 - **pupils having a school dinner will receive a Pudsey Bear biscuit for pudding.**  
 Tuesday 21st - Reception to year 6 Flu immunisations.  
 Wednesday 22nd - Year 6 swimming.  
 Thursday 23rd - Year 5/6 Reading Café: 3pm in the main school hall.  
 Tuesday 28th - KS2 at Coombeshead for Christmas Panto AM.  
 Wednesday 29th - Year 6 swimming.  
 Wednesday 29th - No Pens Day  
 Thursday 30th - EYFS Reading Café: 2:30pm in the EYFS building.

### DECEMBER

Tuesday 5th - Mr Scrooge performance by Coombeshead Academy. PM  
 Wednesday 6th December - Years 3 & 4 to Buckfast Abbey.  
 Wednesday 6th - Year 6 swimming.  
 Thursday 7th - Small group of year 5 Lantern Making.

## IMPORTANT PARENTAL COMMUNICATION UPDATE

Where possible all communications will take place through email and schoolcomms. We are trying to become paper free which will benefit the environment and reduce costs with stamps, printing and paper.

Please make sure you have the schoolcomms app downloaded and notifications switched on.

**Please check your email regularly and if you have any issues with your email please let us know.**

## Well done to our Friday Flyers.

Our Friday Flyers promote our work around developing Growth Mindset and a can do attitude.

Theme	Embracing Challenge		Persist in the face of setbacks	
Date	Friday 3rd November		Friday 10th November	
<b>Bovey</b>	Rey Underwood	Cooper Paton	James Fagan	Jimmy Mead
<b>Dart</b>	Albie Hagger	Caroline Johns	Macie Dawes	Harry Phillips
<b>Exe</b>	Islay MacTaggart	Nathan Jewell	Freya Jowitt	Gracie-May Smith
<b>Mardle</b>	Niamh Stancombe	Frazer Simpson	Josh Michael Malath	Layla Milton
<b>Plym</b>	George Tooley	Amelia Sims	Arina Kot	Lewis Seal
<b>Tamar</b>	Tyler Wise	Alex Hunter	Blake Coleman	Bella Davis
<b>Tavy</b>	Ethan Herbert	Elsi Palla	Harper Stevenson	Connor Blackmore
<b>Teign</b>	Lily Hannigan-Train	Lucas Ryan	Ella Druce	Alfie Driver
<b>Torridge</b>	Phoebe Wadham	TJ Brown	Leo Hole	Jack Freeston

## PIANO/VOCAL LESSONS

We are delighted to share that Ilana Jacobs, an experienced vocal teacher, will now be offering 1:1 vocal and piano lessons on a Thursday afternoon. These lessons will take place during the school day and will be starting after half term.

- 20 minute vocal or piano lesson 1:1 = £11
- 30 minute vocal or piano lesson 1:1 = £16.50

(Pupils in receipt of Pupil Premium will receive a 50% discount for the first term).

If you are interested in finding out more or arranging lessons for your child, please contact Ilana via email: [ilana\\_jacobs@yahoo.co.uk](mailto:ilana_jacobs@yahoo.co.uk) Places will be allocated on a first come, first served basis.



## PTFA UPCOMING EVENTS

- Friday 8th December 2023  
Christmas Fayre 3:30pm-6pm
- Tuesday 6th February 2024 KS1  
Valentine Disco 3:45pm-5pm
- Thursday 8th February 2024  
KS2 Valentine Disco 3:45pm-5pm



## RWI Phonics Workshop

Wednesday 15<sup>th</sup> November  
2.45-3.15pm  
in the school hall

Learn how to support your child with their early reading!



Tea, coffee and biscuits provided!

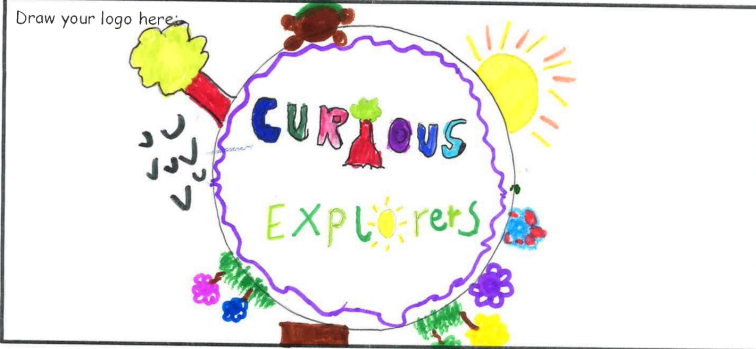


At Highweek we are going to be implementing outdoor learning. To celebrate this we would like you to design a logo and come up with a name that we will use!

Can you think of a catchy name for outdoor learning? (example: wild things): *Bella weeks*

Creativity

Draw your logo here:



We would like all entries in by Wednesday 2nd November and then Miss Preece and Ms Redwood will pick one that the school will use.

**A huge well done to Bella Weeks in Exe class who has won our 'Design a Logo' competition for our Outdoor Learning.**

**This logo will be on display in the Outdoor Learning area as soon as possible.**

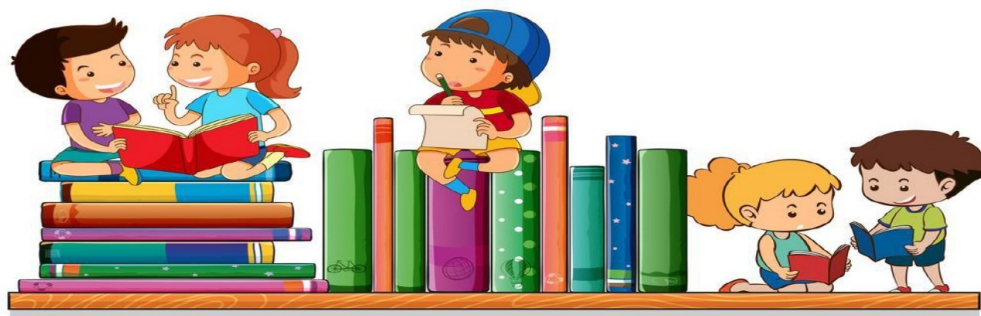
**Thank you to all of our pupils who entered the competition.**



We would like to invite our Reception parents to a phonics information event. This will take place on **Thursday 7th December 4 - 4:45pm.**

Please come and join us in the EYFS building to learn all about how we deliver the teaching of reading through the Ruth Miskin phonics scheme- Read, Write Inc. Here we will demonstrate how phonics is taught, introduce you to some helpful resources and show you some useful ways you can support your child at home.

## AFTER SCHOOL CLUB ROTA FOR NOVEMBER & DECEMBER



3.30pm – 3.45pm  
Registration

3.45pm – 4pm snack

4pm – 5pm chosen  
activity

5pm – 5.45pm indoor  
play

5.45pm – 6pm tidy up

6pm Close.

	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
31 <sup>st</sup> Oct	<b>Cereal Free Play</b>	<b>Cereal Craft night</b>	<b>Cereal Just dance</b>	<b>Cereal Movie night</b>	<b>Cereal Computers</b>
6 <sup>th</sup> Nov	<b>Sausage Rolls Computers</b>	<b>Sausage Rolls Free play</b>	<b>Sausage Rolls Craft night</b>	<b>Sausage Rolls Just dance</b>	<b>Sausage Rolls Movie night</b>
13 <sup>th</sup> Nov	<b>Toastie Movie Night</b>	<b>Toasties Computers</b>	<b>Toasties Free Play</b>	<b>Toasties Craft night</b>	<b>Toasties Just dance</b>
20 <sup>th</sup> Nov	<b>Cheesy Pasta Just Dance</b>	<b>Tomato Pasta Movie Night</b>	<b>Carbonara Pasta Computers</b>	<b>Tuna Pasta Free Play</b>	<b>Cheese and Bacon Pasta Craft night</b>
27 <sup>th</sup> Nov	<b>Waffles Craft Night</b>	<b>Waffles Just dance</b>	<b>Waffles Movie night</b>	<b>Waffle Computers</b>	<b>Waffles Free play</b>

## Playzone After School Club December 23



3.30pm – 3.45pm  
Registration

3.45pm – 4pm snack

4pm – 5pm chosen activity

5pm – 5.45pm indoor play

5.45pm – 6pm tidy up

6pm Close.

	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
4 <sup>th</sup> Dec	<b>Xmas party food Free Play</b>	<b>Hotdogs Craft night</b>	<b>Fish and Chips Just dance</b>	<b>Spaghetti bolognese Movie night</b>	<b>Computers</b>
11 <sup>th</sup> Dec	<b>Beans on toast Computers</b>	<b>Spaghetti on toast Free play</b>	<b>Scrambled egg on toast Craft night</b>	<b>Cheese on toast Just dance</b>	<b>Cookies and ice cream Movie night</b>