

UPCOMING EVENTS

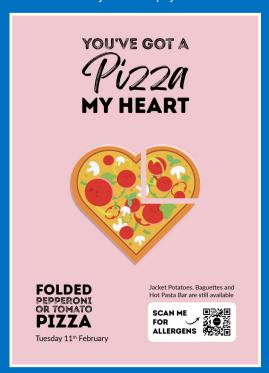
February

Friday 7th: NSPCC Number Day.

Please see details over the page.

Tuesday 11th: Special Valentine menu.

Please order via you Parentpay account.



Tuesday 11th: Understanding your child's mental health parent workshop. Details to follow. **Friday 14th:** School closes for the February half term.

Monday 24th: School re-opens.

March

Tuesday 4th: PTFA AGM meeting at 9:15am in the

main school.

Thursday 6th: World Book Day.

Tuesday 18th: Year 5 & 6 visit to Wildwood Escot.

NEWSLETTER

Spring Term 2025 Friday 31st January



Dear parents/carers,

START SMALL DREAM BIG

Our school is looking at career-related learning to inspire our children and to broaden their horizons for the future.

Research shows that children as young as



five have views about the jobs people do, based on their gender, ethnicity and social background. Starting early with career-related learning brings many benefits for primary children including a better understanding of the importance of what they learn at school and how this links to their future. It also helps reduce stereotypes such as increasing children's understanding that boys and girls can do the same job. Parental support in nurturing children's aspirations, alongside structured career related learning in schools, provides a foundation for capturing children's aspirations and influences the learning and work decisions they make in the future.

Why not take this opportunity to talk to your child about their hopes and dreams for the future?

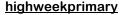
You might like to watch this video which we are sharing with the children on Monday:

https://www.bbc.co.uk/bitesize/articles/zrkthcw#zgynn9g



01626 216300 admin@highweekprimary.co.uk www.highweekprimary.co.uk

www.facebook.com/highweekprimaryschool





Get Involved

Volunteer to be a role model and share your experiences of the world of work at our school? We are looking for a diversity of voices so that our children can see and hear themselves in the volunteers they speak to. By sharing your career story, you can open children's eyes to a world they might never have imagined for themselves. You will be surprised what an impact sharing your story will make! Please contact us to volunteer to share your experience of the world of work and be a role model.

We really appreciate your engagement in our work to inspire our children to aim high.

Year 3/4 Glider day

This week, as part of our new careers based learning (Start Small Dream Big), year 3 and 4 took part in Glider Making Day, as part of the National Road to RIAT STEM Challenge – Glider.

The day began with an introduction to what **STEM stands for – Science, Technology, Engineering, and Mathematics.** The children were shown how these subjects are interconnected and how they apply to real-world careers, particularly in aviation. They were inspired by the variety of jobs that STEM offers, including engineers, pilots, air traffic controllers, and environmental scientists. The children were excited to see how these professions all rely on STEM knowledge to make air travel safer, more efficient, and more sustainable.

To further enhance their understanding, the children learned the fundamental principles of how a plane works. They explored the four key forces that affect flight: lift, weight, thrust, and drag, and how these forces work together to keep an aircraft in the air. The children had the chance to relate these principles directly to their glider designs,

In small groups, the children set about designing and creating their own paper gliders. They were encouraged to think creatively while applying their understanding of aerodynamics. The children tested their gliders, making adjustments to improve their flight distance and stability. This hands-on activity gave them the opportunity to apply the scientific principles they had learned in a fun and practical way.

Glider Making Day was an inspiring and educational experience for all involved. The children not only had fun designing and flying their gliders but also gained valuable insights into the exciting world of STEM and the many career opportunities it offers. We hope that this experience will encourage them to continue exploring these subjects and to think about how they can contribute to creating a more sustainable and innovative future.

We look forward to more exciting STEM-based activities in the future.



Supporting social, emotional and mental health

This week we were fortunate to have a visit from Alice Behan from the <u>social</u>, <u>emotional</u> and <u>mental</u> <u>health team</u>. She was impressed with the high level of emotional and relational provisions provided to the pupils at Highweek. Alice will be visiting again in the future to advise and support on further strategies to support pupil wellbeing and mental health.

PARKING

We are aware of the challenges of parking around the school. However, it is unacceptable for anyone to park on the pavement on Coronation Road. THIS IS EXTREMELY DANGEROUS, ESPECIALLY AT THE BEGINNING AND THE END OF THE SCHOOL DAY. **This also applies to Blue Badge holders**. Please see the regulations below:

Do not park where it would endanger, inconvenience or obstruct pedestrians or other road users. Examples of dangerous or obstructive parking include the following, although there are others:

- school entrances, bus stops, on a bend, or near the brow of a hill or hump bridge
- parking opposite or within 10 metres (32 feet) of a junction, except in an authorised parking space
- . where it would make the road narrow, such as by a traffic island or roadworks
- where it would hold up traffic, such as in narrow stretches of road or blocking vehicle entrances
- where emergency vehicles stop or go in and out, such as hospital entrances
- where the kerb has been lowered or the road raised to help wheelchair users
- . on a pavement, unless signs permit it



Repeat offenders will be reported!

If you have a blue badge and are struggling to park, please speak to the office for a pass.

As always, if you have any concerns or you would like to come and talk to me about any school issues, please do not hesitate to see me on the gate in the mornings or arrange an appointment through the school office.

Ms Claire Redwood



This informal coffee morning will give you an opportunity to meet and have a chat with Miss Stevens and ask any questions you may have.

If you would like to attend please email: admin@highweekprimary.co.uk

The dates are: Wednesday 12th February 2025 Wednesday 12th March 2025 Wednesday 7th May 2025



Thank you so much for sending in your items for the HITS food bank. We are so proud to be able to help with this very worthwhile local charity. Your support makes a big difference in the lives of those in need.

A huge thank you to Mrs Sally Clements who very kindly delivered the items to HITS.





We're excited to show our support for the NSPCC by participating in Number Day on Friday, February 7, 2025!

To mark this special occasion and generate essential funds for the NSPCC, each class will be joining in on a fun penny trail activity. We encourage students to bring in any spare change they have on that day to help create a trail in their classrooms. Afterward, classes will take part in various maths activities related to the trail, such as measuring its length, totalling the amount raised, analysing the types of coins collected, and much more.

There will even be prizes awarded to the class with the longest trail!

All the funds raised from the penny trail will go directly to the NSPCC.

Let's make a difference together!







We are excited to announce that we have a new piano and vocal teacher to replace Ilana Jacobs. Katie Clay, an experienced primary school teacher and musician, will be offering 1:1 lessons for piano or voice on Thursday mornings. These lessons will take place during the school day and will be starting after half term.

- 20 minute vocal or piano lesson 1:1 = £12.50
- 30 minute vocal or piano lesson 1:1 = £18.25

(Pupils in receipt of Pupil Premium will receive a 50% discount for the first term).

If you are interested in finding out more or arranging lessons for your child, please contact Laura on 07515805812, or by email at: laura@blossomsmusic.co.uk









Well done to our Friday Flyers. Our Friday Flyers promote our work around developing Growth Mindset and a can do attitude.

Theme	Persist in the face of setbacks		Effort as the path to mastery	
Date	Weekending Friday 24th January		Weekending Friday 31st January	
Bovey	Alisa Filonenko	George Davis	Riley Douglas	Hazel Rouse
Dart	Oakley Maghaireh	Ethan Herbert	Diego Larios	Rey Underwood
Exe	Khalid Shaibu	Oliver Riley	Harley Newman	Scarlet Russell
Mardle	Zeba Nazari	Jessica Gater	Franklin Owen	India-Rose Holdway
Plym	Millie Harrison	Riley Daniels	Mati Kiezun	Talia Rhodes
Tamar	Isla Steer	Archie Hopkins	Tommy Walton	Ufedo Audu
Tavy	Ross Simms	Lexi Daniels	Andrew Buchanan	Rory Evans
Teign	Alisa Malishevska	Nazia Nazari	Amelia Sims	Alexa Kopinski
Torridge	Elise Keskin	Tilly Cameron-Davies	Phoebe Wadham	Caira Bourne

Well done to Torridge class who had 97.6% attendance for the period of 13th - 17th January 2025

Well done to **Tamar** class who had **97.7%** attendance for the period of **20th - 24th January 2025** Remember our whole school attendance target for the year we are working towards is 96.2%. It is essential for children to attend as much school as possible if they are to get the most from their education and achieve their full potential.

Class	W/C 13.01.25	W/C 20.01.25
Taw	94.5%	95.4%
Mole	95.3%	92%
Mardle	93.2%	87.3%
Bovey	96.4%	86.4%
Tavy	92.9%	95.2%
Plym	95.2%	86.4%
Exe	91.9%	87.1%
Dart	94.2%	86.7%
Tamar	93.1%	97.7%
Torridge	97.6%	96.2%
Teign	95.4%	89.6%

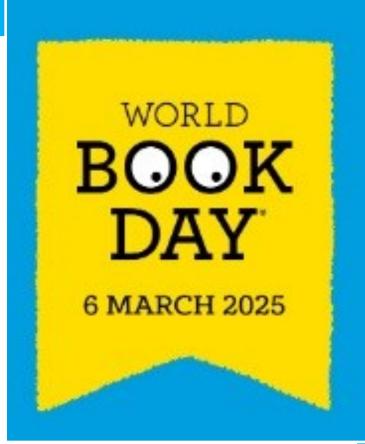
ESOME



We are excited to announce that **World Book Day** will be taking place on **Thursday 6th March**this year! To celebrate the joy of reading, we
invite all children to come to school dressed as a
character from a book.

This year, we're encouraging costumes inspired by both **fiction** and **non-fiction** books. Your child could dress as a character from their favourite story, or even as someone or something from a non-fiction book – for example, a person from a biography, an animal from a book about nature, or a famous historical figure.

We wanted to let you know well in advance so that you have plenty of time to get creative with costumes. Whether it's a beloved literary character or someone from the real world, we can't wait to see the fantastic outfits the children will come up with!



If you have any questions, feel free to get in touch with your child's teacher.

Happy reading and we look forward to a fun-filled World Book Day!

KS1 Valentine Disco



We are thrilled to invite you to a delightful Valentine's Disco being hosted by the PTFA for our KS1 children!

Date: 11th February 2025

Time: 3:45 PM - 5:00 PM

Location: Main School Hall



Cost: £5 per child (this fee includes a sausage roll, crisps, a Valentine biscuit/cake and a packet of sweets)

KS2 Valentine Disco



We are thrilled to invite you to a delightful Valentine's Disco being hosted by the PTFA for our KS2 children!

Date: 13th February 2025

Time: 3:45 PM – 5:00 PM

Location: Main School Hall



Cost: £2 per child (hotdogs, sweets & drinks will be available purchase)

We are excited to share that some of our Year 5 & 6 pupils will be interviewing a member of staff every fortnight.

This is a wonderful opportunity for the students to develop their questioning and interviewing skills while learning more about the diverse roles within our school community.

Below are the questions our students asked this week, along with the answers from this week's staff member:

We hope you enjoy reading through the responses and appreciate the students' efforts in conducting these interviews. We look forward to sharing more in the future!

Name: Miss Mould

- How long have you worked in school?5 years.
- Do you like tea or coffee?

Coffee in the morning and tea later in the day.

Thai, because I love Thai red curry and Pad Thai.



Who inspired you to become a TA?

My mum inspired me to become a TA because she was a Nursery Nurse for 40 years.

If you had to run 1 club, what would it be?

Art club, because I love creativity and the creative ideas of children.

What is your favourite sport?

My favourite sport is Yoga, especially the meditation at then end.

Interview conducted by Eliza Curran in Torridge class.







Coffe, tea?





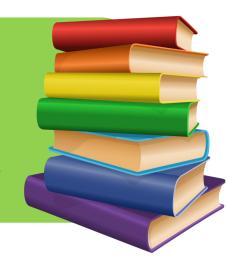
Accelerated Readers

100,000 words

Arty Ralph, Amiee Bolton, Millie Harrison, Primrose Tremlett, Albie Gillingwater, Joel Atkinson, Lewis Seal, Lexi-Mae Hodgson-Baylis, Laiyla Peart, Mia Smith, Anna Abhilash, Isaac Allen & Austin Carter.

250,000 words

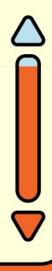
Sophie Gater, Albie Gillingwater, William Robinson, Freya Curran & Florence Smith.





Ways to Wellbeing

w/c 27 Jan 2025





Know yourself, grow yourself OOO

Ne:

Next week is the national Children's Mental Health Week.

The week's focus is "Know Yourself, Grow Yourself" – with the aim to empower children and young people across the UK to embrace self-awareness and explore what it means to them.

What do you think that 'self-awareness' means? Have a chat with friends or family – there are no wrong answers!

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So, how can you "Know yourself"? Think about...

- What do you like or dislike?
- What do you find easy or difficult?
- How do you know when you are feeling sad, worried, angry or happy?
- What do you normally do when things feel tricky?
 Does this help?

How can you "Grow yourself"? Think about...

- When things feel difficult, do you know what to do to feel better? What else could you try out?
- · What would you like to be able to do differently?
- How can you learn these new skills?



Decider

PS. Shout out to the all the Year 5 & 6 classes for now completing the Decider Life Skills intervention together! I reckon you guys should have a good understanding of how to "Know Yourself, Grow Yourself" now so why not help out some of the others in your school?



If you need support for your mental health, please speak to a trusted adult at school or at home.

Call 111 and select option 2 for mental health. In an emergency, call 999.