



Autumn Term 2023
Friday 20th October

A MESSAGE FROM MS REDWOOD

Dear Parents/Carers,

Zones of Regulation and Mental Health

Recent staff training has focussed on emotional literacy. After half term, the children will be focussing on strategies to regulate when feeling various emotions. If you would like further information on the zones, please see your child's teacher or click on the link below:

<https://zonesofregulation.com/>

A date for your diary: **WEDNESDAY 8TH NOVEMBER 9-10am**

Please come along to our "Supporting emotional behaviours workshop" where you can find out how to support at home with helpful information and tips.

ALL WELCOME!!

Harvest

Thank you to everyone who supported the Harvest service this week or contributed to the Foodbank collection. The children performed some great songs as well as telling us about our food journey. Well done year 3 and 4!

Parents Evening

Thank you for coming in to speak with your child's teacher this week. If you weren't able to attend or would like to speak with myself, please do get in touch.

Poetry Week

Our theme this week is Refuge. The children explored key poems in each year group:

Foundation- Christina Rossetti, "Caterpillar"

Year 1 and 2- A.A. Milne, "Buckingham Palace"

Year 3 and 4- L. Stevenson, "From a Railway carriage"

Year 5/6 - Shakespeare's Sonnet 18

Thursday, we had a visit from Poet, Spoz who shared with us some of his poems in assembly as well as undertaking writing poetry workshops. Great fun was had by all! Do ask your child(ren) about his WATER poem.

Trips

The very wet weather did not stop years 1, 2, 5 and 6 being out and about over the last two weeks.

This week years 5 and 6 visited the local museum to learn more about Tudor Britain as part of their history topic and years 1 and 2 visited Exeter city and the cathedral. Thank you to all the parents and carers who helped with the Key Stage One trip.

Donations

This week we received a cheque for £150.00 which is a donation from R.A.O.B (Ye Old Forde Tower Lodge) – we would like to thank Anne Underwood who arranged this for us. This money will be used to purchase equipment specifically designed to support our two year old provision.

Congratulations

In assembly today, we gave out an abundance of certificates for netball, x tables Rockstars, Numbots and for our accelerated readers. A number of children have already read over 100,000 words this term. Well done all!

Parking

We appreciate that there is limited parking outside the school. However, please park considerately and safely. Please do not park on pavements or at the roundabout.

As always, if you have any concerns or you would like to come and talk to me about any school issues, please do not hesitate to see me on the gate in the mornings or arrange an appointment through the school office.

Ms Claire Redwood

Join us for our 'Reading Cafe'

Thursday 9th November - Year 1/2
 Thursday 16th November - Year 3/4
 Thursday 23rd November - Year 5/6
 3pm in the main school hall
 Thursday 30th November - EYFS
 2:30pm in the EYFS building

We look forward
to seeing you!

W HIGHWEEK
h Primary School



A huge congratulations to some of our year 1 & 2 pupils who achieved their Numbots certificate at the assembly this morning.



ATTENDANCE

Class	W/C 2nd Oct	W/C 9th Oct
Taw	87.7%	89.8%
Mole	92.4%	90.5%
Mardle	81.9%	89.6%
Bovey	97.8%	91.1%
Tavy	97.1%	90.6%
Plym	96.9%	97%
Exe	96.1%	96.4%
Dart	97.1%	93.9%
Tamar	95%	92.5%
Torrige	97.6%	97%
Teign	93.2%	92.2%

Bovey class had 97.8% attendance for the period of 2nd - 6th October 2023.

Both Torrige & Plym class had 97% attendance for the period of 9th - 13th October 2023.

Remember our whole school attendance target for the year we are working towards is 96.2%.

It is essential for children to attend as much school as possible if they are to get the most from their education and achieve their full potential.

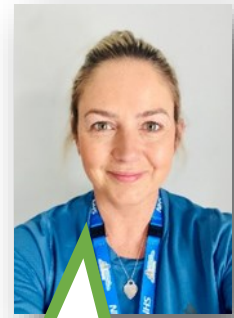
School Matters!



Attend Today, Achieve Tomorrow

Ways to Wellbeing

A space for how to stay mentally and physically healthy



I'm Tia Austin,
EMHP. Mental Health
Support Team

This week let's talk about...

Reducing screen time

Screen time is a big part of our everyday lives now in school, work and at home. Sometimes as essential and sometimes as part of our leisure and free time. Too much screen time can impact our sleep, concentration and limit our movement. We can reduce and be mindful of too much screen time by:

- Setting expectations with your kids, and create goals about reducing screen time. ...
- Being realistic...
- Being engaged. ...
- Putting hand-held devices away. ...
- Creating phone-free zones in the home. ...
- Going outside.



Reduce screen time and increase human time



Also, remember your 5 ways to wellbeing: [Five ways to wellbeing - Mind](#)

AFTER SCHOOL HOMELEARNING CLUB

From Tuesday 7th November, children who are not accessing home learning will be invited to attend a home learning club. You will be informed by Friday afternoon each week if your child is required to attend the following Tuesday's session.

Children will need to wait by reception to be collected by the teacher running the session and taken to the computer suite. Please collect your child from the office at 4:15pm

You must confirm by 3pm the day before (Monday) that your child will be attending the club, by calling 01626 216300 or sending a Schoolcomms message.

CAKE SALE

Thank you to everyone who came to support our group of year 5 pupils who held a cake sale on Monday to raise funds for Young Lives vs Cancer.

The total raised was an amazing: £85.20p



MUSEUM VISIT

Year 5 and 6 enjoyed part of their morning at Newton Abbot Museum yesterday. Whilst there, the children were shown artefacts from Tudor Britain and even had the chance to talk to a Tudor lady and gentleman in their historic attire! Thank you to Newton Abbot Museum for providing this opportunity for our children.



HARVEST FESTIVAL

On Wednesday, our year 3/4s welcomed their families and friends into school for our Harvest Festival. We were pleased to be joined by Reverend Regan, who spoke to us all about Harvest. The children performed with confidence as they reminded us about where our foods come from. They also shared some wonderful singing, including a French song about different fruits and a harvest version of 'The Greatest Show!' As part of our Harvest Festival, the children also kindly brought in donations for the HITS Foodbank (Homeless in Teignbridge Support). A big well done to the whole year 3/4 team!



NETBALL

Following on from our Netball Impact Day last week, a group of year 3 & 4 children were invited to attend a Netball Bee competition at Newton Abbot College. The children embraced the challenge of learning new rules, the difficult weather and had a fantastic time. They even had great success, finishing joint second by winning five of their seven matches! Well done to those children.



BBC
500 WORDS
2023

Calling all 5-11 year-olds!
Can you write an amazing story of 500 words or under?

Your story could be read on TV to millions!

Competition opens 26th September - 10th November.
We can't wait to read your stories

Head to bbc.co.uk/500words

At Highweek, we are so impressed with our pupils' creative writing talent! We would like to encourage as many Highweek pupils as possible to enter the BBC 500 words writing competition, open to all 5-11 year olds. The focus is not on spelling, punctuation and grammar, but the creativity of the story. The competition closes on Friday 10th November, and you can enter here

<https://www.bbc.co.uk/teach/500-words/about-500-words/zctk7v4>

There are lots of exciting prizes to be won:

50 finalists, along with their parents or carers, will be invited to attend a grand final next February at Buckingham Palace!. Not only will the bronze, silver and gold winners of each age group have their stories read by celebrities, but the event will be shown on a special 500 Words programme with the The One Show, on World Book Day on 7 March 2024. All the finalists will receive a £20 National Book Token and their stories will be recorded and published on our website. The winners in each category will receive an array of prizes. As well as their stories being read out by celebrities, they will all receive a bundle of books.

- The 2 gold winners will receive the height of Sir Lenny Henry in books and their schools will receive 500 Books
- The 2 silver winners will receive the height of Her Majesty, Queen Camilla in books
- The 2 bronze winners will receive the average height of a 7 or 11 year old in books

Good luck and happy writing!



Come and join me and my team for our parent workshop at Highweek!

Supporting Emotional Behaviours - Parent Workshop

Highweek Primary School
Wednesday 8th November at 9am – 10am
All welcome

Join us to find out more about how to support your child's emotional behaviours at home with some helpful information and tips. Biscuits and cakes provided 😊



Well done to our Accelerated Readers

100,000 words

Phoebe Wadham, Soraya Williams, Lennox Evans, Felix Miller-Sledge, Ben Williams, Ignas Silevicius, William Robinson, Ella Robbins, Lexi-Mae Hodgson-Baylis, Taiyler Peart & Alex Avery.

250,000 words

Soraya Williams & Felix Miller-Sledge.

500,000 words

Felix Miller-Sledge.

DATES FOR YOUR DIARY



OCTOBER

Friday 20th - School closes for the half term break.
Monday 30th - School re-opens - Zones of Regulation Week.
Tuesday 31st - KS1 Halloween Disco 3:45pm-5pm. Letters have been sent out.

NOVEMBER

Wednesday 1st - Year 6 swimming.
Thursday 2nd - KS2 Halloween Disco 3:45pm-5pm.
Wednesday 8th - Year 6 swimming.
Thursday 9th - Year 1/2 Reading Café 3pm in the main school hall.
Monday 13th - Anti-Bullying week.
Wednesday 15th - Year 6 swimming.
Thursday 16th - Year 3/4 Reading Café: 3pm in the main school hall.
Friday 17th - Children in Need.
Non-uniform for a suggested donation of £1
Tuesday 21st - Reception to year 6 Flu Immunisations.
Wednesday 22nd - Year 6 swimming.
Thursday 23rd - Year 5/6 Reading Café: 3pm in the main school hall.
Wednesday 29th - Year 6 swimming.
Thursday 30th - EYFS Reading Café: 2:30pm in the EYFS building.



PEN LICENCE

Well done to Florence Smith and Freya Paris who have both gained their pen licences this week.



Well done to our Friday Flyers.

Our Friday Flyers promote our work around developing Growth Mindset and a can do attitude.

Theme

Persist in the face of setbacks

Find lessons and inspiration in the success of others.

Date

Friday 13th October

Friday 20th October

Bovey

Rhys Smith

Riley-Jay Daniels

Kayden Breslan

Ruby Brighton

Dart

Bailey Riley

Ella Parker

Eva Bradford

Sam Palmer

Exe

Henry Joint

Matilda Cameron-Davies

Bella Weeks

Holly Exon

Mardle

Riley Atkinson

Ross Sims

Macauley Jones

Emilia Edwards

Plym

Anna Abhilash

Skylar Baillie-Hogan

Ella Robbins

William Robinson

Tamar

Joey Evans-Hingston

Jonas Silevicius

Tyler Harrison

Lucas Reeve

Tavy

Agnia Hogarth

Layla Forster

Isaac Allen

Samuel Heywood

Teign

Paige Smith

Alexa Kopinski

Lexi-Mae Hodgson-Baylis

Alfie Brien

Torridge

Chrissa Abhilash

Mason Edmundson

Felix Miller-Sledge

Eliza Curran

PIANO/VOCAL LESSONS

We are delighted to share that Ilana Jacobs, an experienced vocal teacher, will now be offering 1:1 vocal and piano lessons on a Thursday afternoon. These lessons will take place during the school day and will be starting after half term.

- 20 minute vocal or piano lesson 1:1 = £11
- 30 minute vocal or piano lesson 1:1 = £16.50

(Pupils in receipt of Pupil Premium will receive a 50% discount for the first term).

If you are interested in finding out more or arranging lessons for your child, please contact Ilana via email: ilana_jacobs@yahoo.co.uk Places will be allocated on a first come, first served basis.



A PUPILS VIEW OF HIGHWEEK

One of our pupils in year 5 wrote her thoughts about Highweek.

Hello everyone, it's me Eliza at Highweek Primary School. This is about me and my school.

**What are the teachers here like?
What is the learning about?**

Right now, year 5 and 6 are learning about Macbeth. Year 3 and 4 are learning about Black History and Poetry and Year 1 and 2 are learning about the story 'Naughty Bus'.

The teachers here are extremely nice, there is Miss Yarde, Miss Lilley, the headteacher who is called Ms Redwood, Miss Hopkins, Mr Waldron, Mr Corben, Mrs Mac and Mrs Matthews.

This school is amazing !!!!!

PTFA UPCOMING EVENTS

- **Tuesday 31st October 2023: KS1 Halloween Disco 3:45pm-5pm**
- **Thursday 2nd November 2023 KS2 Halloween Disco 3:45pm-5pm**
- **Friday 8th December 2023 Christmas Fayre 3:30pm-6pm**
- **Tuesday 6th February 2024 KS1 Valentine Disco 3:45pm-5pm**
- **Thursday 8th February 2024 Valentine Disco 3:45pm-5pm**

SPOZ

The school was buzzing with poetry excitement yesterday as all of our pupils and staff enjoyed our visitor, Spoz! Spoz performed yesterday morning followed by the rest of the day delivering exciting workshops to all of our pupils. Children enjoyed guitar and rap performances, slam poetry battles and writing and performing their own poems! What a fantastic day it was for all.



Congratulations to Natalia Buchanan for passing her level 3 swimming certificate.

AFTER SCHOOL CLUBS

Confirmation of after school clubs for after half term have been sent out via Schoolcomms.

If you have not received confirmation this would mean that your child was not allocated a place this time.



YEAR 1 & 2

HALLOWEEN DISCO

FRIENDS OF HIGHWEEK HAVE ORGANISED A HALLOWEEN DISCO FOR OUR YEAR 1 & YEAR 2 PUPILS ON TUESDAY 31ST OCTOBER 2023 3:45PM UNTIL 5PM IN THE MAIN SCHOOL HALL. £5 PER CHILD (THIS IS FOR ADMISSION, FOOD & DRINK THIS MUST BE PAID FOR IN ADVANCE.



YEAR 3, 4, 5 & 6 PUPILS

HALLOWEEN DISCO

FRIENDS OF HIGHWEEK HAVE ORGANISED A HALLOWEEN DISCO FOR OUR KS2 PUPILS ON THURSDAY 2ND NOVEMBER 2023 3:45PM UNTIL 5PM IN THE MAIN SCHOOL HALL. TICKETS COST £2 PER CHILD AND MUST BE PURCHASED IN ADVANCE.